



Shared Decision Making

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Best Practices for Clinicians

The purpose of this document is to provide clinicians with best practices for implementing shared-decision making (**SDM**) in the clinical setting

SDM

Recognizing and acknowledging that a decision is required

Knowing & communicating the best available evidence

Incorporating the patient’s values and preferences

Achievable Outcomes of SDM



Clinician

Reports all information and treatment possibilities

Patient

Receives all information and judges treatment harms and benefits

Recommends an option based on patient factors

Discusses their own personal preferences

Therapeutic Alliance

Decides on the treatment plan together with the patient

Decides on treatment plan together with the clinician

Practical Considerations

- Plan the time needed
- Consider the role of other allied healthcare support
- Identify which tool will capture the patient voice
- Document shared decision making in your workflow



The SHARE Approach

1

Seek

Your patient's participation

2

Help

Your patient explore & compare treatment options

3

Assess

Your patient's values and preferences

4

Reach

A decision with your patient

5

Evaluate

Your patient's decision