

Canadian Ketogenic Diet Conference - Schedule of Events

June 10 (evening) - June 12, 2026

“Identifying Barriers to Implementing the Medical Ketogenic Diet Therapy
and Strategies to Overcome ”

Schedule of Events

Wednesday June 10 - Family & Patient Night

- Open to children and adolescents on the ketogenic diet and their families
- Welcome night for patients and families to connect
- 1-2 keynote speakers & Family Panel
- Launch of Canadian Ketogenic Diet Network & Ketogenic Diet Family Support Group

Thursday June 11 - Multidisciplinary Day

- Open to all (dietitians, neurologists, psychiatrists, allied health)
- Morning
 - Focused talks: Barriers to the patient on ketogenic diet
- Lunch break (meal provided) & cooking demonstration
- Afternoon
 - Focused talks: Solutions for patients on the ketogenic diet
 - Opportunity for panel discussion
- Evening
 - Invite attendees to sponsored dinner near campus

Friday June 12 - Ketogenic Dietitian Focused Day

- Dietitian-focused event
- Morning - Sponsored breakfast on campus
 - Focused talks: Barriers to the dietitian supporting patients on the ketogenic diet
- Lunch break (meal provided) & cooking demonstration
- Afternoon
 - Focused talks: Solutions for the dietitian & case study review