

Wednesday June 10, 2026 Patient & Family Night Peter George Centre for Living & Learning Building Great Room	
18:00-19:00	Patient & Family Speakers – Lived Experience
~19:00-19:10	Introduction to Family Network
~19:10-20:00	Round Table Discussion & Food Demos (Games & activities for children/teens)

Thursday June 11, 2026 Multidisciplinary Day Peter George Centre for Living & Learning Building Room 124	
07:30- 08:00	<i>Arrival & Breakfast</i>
08:00 - 08:10	Introduction & Welcoming of Attendees
08:10 - 08:15	Lived Experience Video
08:15 - 8:50	Clinical Decision Making for KDT Use in Epilepsy
08:50 - 09:25	Ketogenic Diet for Adult Epilepsy
09:25 - 10:40	Ketogenic Diet Types – Challenges & Learnings
10:40 - 10:50	<i>BREAK</i>
10:50-10:55	Lived Experience Video
10:55- 11:30	Ketogenic Diet Therapy in Children: Feeding Route Affects Compliance and Adverse Effects
11:30-11:50	Nephrocalcinosis Prevention & Management
11:50-12:25	Transitioning to Adult Care & Long-Term Ketogenic Diet Monitoring
12:25- 13:55	LUNCH and Cooking Demonstration Location: Great Room in Residence Tower <i>In Person Only – No Virtual Access</i>
13:55-14:00	Lived Experience Video
14:00 –14:35	Novel Approaches to Glut-1
14:35 –15:10	Mental Health Risk factors in Epilepsy
15:10-15:20	<i>BREAK</i>
15:20-15:25	Lived Experience Video
15:25-16:00	Considering Ketogenic Diet Therapy Beyond Epilepsy
16:00-16:30	KDT in Major Depressive Disorder – Pilot Study Lessons Learned
16:30-17:00	Round Table Discussion (Topic: Metabolic Psychology)
17:00	<i>Group Photo</i>

Friday June 12, 2026 Dietitian Learning Day Peter George Centre for Living & Learning Building Room 124	
07:30 - 08:30	<i>Arrival & Breakfast</i>
08:00 - 8:40	Ketogenic Diet Through Developmental stages - Introduction to Solids, Puberty, Hormones
08:40 - 9:30	Breastfeeding & KDT – Special Focus on Modifying Mother’s Diet
09:30 - 09:40	<i>BREAK</i>
9:40 - 10:20	Culturally Sensitive Care in Canada
10:20 - 11:00	Tools for implementing KDT (part 1)
11:00 - 11:40	Tools for implementing KDT (part 2)
11:40 - 12:00	Round Table Discussion (Tentative topic: precision measuring)
12:00 - 12:45	<i>LUNCH</i>
12:45– 14:15	Case Studies x 3 (Note: each case study presented by 2-3 RDs to learn from varying approaches)
14:15 –14:45	Ketogenic Diet Network
14:45-15:00	Closing Remarks